

Bluegrass Family Health

COVERED PREVENTIVE GUIDELINES
Effective September 18, 2009

SERVICE	FREQUENCY	RESTRICTION	AGE REQUIREMENTS
Newborn Office Visits	PER MD		0-24 MOS
Well Child Office Visits	1/YEAR		24 MOS-18YRS
Routine Office Visits	1/YEAR		
Gynecological Exam	1/YEAR	FEMALE	
Cervical Cytology (PAP)	1/YEAR	FEMALE	Per current ACS recommendations
Mammography	1/YEAR		≥30 YRS
Bone Density Study	1/YEAR	FEMALE	≥35 YRS
Prostate Exam	1/YEAR	MALE	
Prostrate Specific Antigen Test (PSA)	1/YEAR	MALE	≥50 YRS
Colorectal Cancer Screening	1/YEAR		≥50 YRS (or less than 50 years of age if at high risk for colorectal cancer according to the current colorectal cancer screening guidelines of the American Cancer Society)
Colonoscopy (1), Flexible Sigmoidoscopy, Digital Rectal Exam, Air Contrast Barium Enema, CT Colonography (2), Stool DNA Test, gFOBT or FIT (3)			
SCREENING FOR SEXUALLY TRANSMITTED DISEASES	1/YEAR		
HIV, Chlamydia, Gonorrhea, Syphilis			
CHOLESTEROL/LIPID SCREENING	1/YEAR		
ABDOMINAL ULTRASOUND FOR AORTIC ANEURYSM SCREENING	ONCE	MALE	65 YRS to 75 YRS

FOOTNOTES

- (1) Requires Precertification for age less than 50 yrs
- (2) Requires Precertification
- (3) guaiac Fecal Occult Blood Test, fecal Immunochemical Test

Adolescent and childhood immunizations are covered per 2008 recommended age-appropriate immunization schedules approved by the Advisory Committee on Immunization Practices, the American Academy of Pediatrics, and the American Academy of Family Practice.

IMMUNIZATIONS	RESTRICTION	AGE REQUIREMENTS
Diphtheria, Tetanus, Pertussis (DTaP)		Minimum age 6 weeks, maximum age 7 years
Haemophilus influenza type B (HIB)		Minimum age 6 weeks
Hepatitis A		Minimum age 12 months
Hepatitis B Vaccine		
Human Papilloma Virus (HPV) Vaccine		ages 9 to 26 years
Influenza Vaccine	AT MD OFFICE	Minimum age 6 months for trivalent inactivated influenza vaccine(TIV); 2 years for live, attenuated influenza vaccine (LAIV)
Meningococcal Vaccine		Ages 11 yrs and up
Measles, Mumps, Rubella (MMR)		Minimum age 12 months
Rotavirus		Minimum age 6 weeks
Pneumococcal Vaccine		Minimum age 6 weeks for pneumococcal conjugate vaccine (PCV); 2 years for pneumococcal polysaccharide vaccine (PCV)
Polio Vaccine, Inactivated (IPV)		Minimum age 8 weeks
Tetanus Toxoid		
Varicella Vaccine		Minimum age 12 months
Zoster Vaccine		Ages 60 years and older

This list of Covered Preventive Services may be subject to change based on recommendations of the most current medical literature. Items on this list may be added after review by Bluegrass Family Health's Benefit Interpretation Committee.